58TH ANNUAL

4TH OF JULY ROAD RACE

REGISTRATION FORM

RACE INFORMATION

Hingham Recreation Commission Organized by: Date & Time: Monday, July 4th, 2016, 7:00 AM

> **Hingham Middle School** 1103 Main Street, Hingham, MA

Course Length: 4.47 miles

Shuttle to Start Line departs from Station Street:

5:15 - 6:15 AM

Start:

Return Transportation: 7:30-10:00 AM

T-shirts are guaranteed to pre-registered runners only

REGISTRATION, RUNNER NUMBER & T-SHIRT PICK UP

Hingham Recreation Center, 210 Central Street Wednesday, June 29 through Saturday, July 2,

9:00 am to 5:00 pm

Sunday, July 3, 9 AM - 12 NOON

Monday, July 4 (Race Day), 5:30 AM to 6:30 AM

At the Race at Hingham Middle School,

5:30 - 6:30 AM

THIS YEAR! **Dry Tech T-shirts** 100% polyester interlock jersey, moisture wicking rapid-dry fabric

ENTRY FEE: \$30.00

Pre-registration fee ends July 3rd at 12 Noon (Non-refundable)

> **ENTRY FEE** ON RACE DAY: \$35.00

Registration 5:30-6:30 AM (FIRM - NO EXCEPTIONS)



FOR RACE SAFETY: NO PETS, STROLLERS, BABY JOGGERS, SKATEBOARDS, OR BIKES. **UNREGISTERED RUNNERS WILL** BE DIVERTED OFF THE COURSE.



Send the completed application and fee to the Hingham Recreation Department, or register online at www.hinghamrec.com.

Make checks payable to: Hingham Recreation Department

Join us for an Awards Ceremony after race! Food, Music and Fun!

TILL OUT A REGISTRATION TORINTOR EACH FARTICITARY (please print cleanly)		
PARTICIPANT NAME		_
AGE DOB /	SEX (CIRCLE): M F	
ADDRESS	CITY STATE	_
PHONE ()		
EMAIL		_
What is your estimated minutes per mile?	T-shirt size (CIRCLE): S M L XL XXL	

FILL IN I	NFORMAT	ION AND) SIGN E	BELOW	FOR RU	NNER P	<i>ARTICIPA</i>	ATION.

, the participant or the parent(s) / guardian(s) of the minor participant (the "registrant"), give permission for the registrant to participate in programs sponsored by the Town of Hingham Recreation Department. I/We understand that the Hingham Recreation Department will provide supervision for the safety and well being of the registrant and I/We agree that the registrant will abide by the rules of the Hingham Recreation Department and the Town of Hingham and follow the instructions of all supervisory staff, including sponsors, employees, volunteers and other personnel.

I/We recognize the risk of injury or accident related to the activity. I/We also acknowledge that the registrant may not participate in the activity unless I/We waive claims, which I/We may have arising from the registrant's participation in the activity. I/We agree to forever RELEASE the Town of Hingham, a municipal corporation of the Commonwealth of Massachusetts, and all their employees, officers, agents, board members, volunteers and any and all individuals and organizations assisting or participating in voluntary athletic or recreation programs of the Town of Hingham ("the Releasees") from any and all claims, actions, rights of action and causes of action, damages, costs, loss of services, expenses, compensation and attorney's fees that may have arisen in the past, or may arise in the future, directly or indirectly, from known and unknown personal injuries to myself, my child or property damage resulting from myself or my child's participation in the Town of Hingham's voluntary athletic or recreation programs which I/We may now or hereafter have as the participant or parent/guardian of said minor child and which said minor child has or hereafter may acquire, either before or after reaching majority.

I/We also promise to INDEMNIFY, REIMBURSE, DEFEND, and HOLD HARMLESS the Releasees against any and all legal claims and proceedings of any description that may have been asserted in the past, or may be asserted in the future, directly or indirectly, including damages, costs and attorney's fees, arising from personal injuries to myself or my child or property damage resulting from myself or my child's participation in the Town of Hingham's voluntary athletic or recreation program(s).

I/We further affirm that I/We have read this Consent. Release from liability and indemnity agreement, and that I/We understand the contents of this agreement. I/We understand that my and/or my child's participation in these programs is voluntary and that my child and I/We are free to choose not to participate in said programs. By signing this Agreement, I/We affirm that I/We have decided to participate and/or allow my child to participate in the Town of Hingham athletic or recreation programs with full knowledge that the Releasees will not be liable to anyone for personal injury and property damage myself and/or my child may suffer in voluntary Town of Hingham Recreation Department athletic or recreation programs. Permission is granted for use of photographs taken in promotional material, which may include but is not limited to flyers, notices, web site and bulletin boards.

SIGNATURE OF PARTICIPANT SIGNTURE OF PARENT(S) / GUARDIAN(S) OF PARTICIPANT IF UNDER 18



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